



# **Fire and Ice: My Adventures and Spiritual Growth While Teaching Afghans to Fly**

*Maj. Todd R Andrews*

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# Fire and Ice: My Adventures and Spiritual Growth While Teaching Afghans to Fly

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Todd Andrews learned a lot of spiritual lessons while teaching Afghans to fly. Through his own experiences and studies and with wit, humor, deep discussions and some adventure he expresses his desire to help others to grow and change and to realize that the only way to truly live and love is to accept that walking away from things is not the only option, but that with Christ's help we can overcome any and all obstacles. Major Andrews delivers a powerful testimony of the changes that can be wrought through the Atonement of Jesus Christ. There is an old saying that flying is 90% boredom followed by 10% of sheer terror and Major Andrews makes the 10% come alive and then backs up the stories with lessons of spiritual transformation. The hope is that as you read his story, you can find ways to overcome your own difficulties and strengthen your own resolves. In accordance with DoD directives, Maj Andrews expressly states that the views presented are those of the speaker or author and do not necessarily represent the views of DoD or its components.

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