



I Love You But You Always Put Me Last: Why the Kids-First Approach to Parenting Is Hurting Your Marriage--and the Proven Plan to Restore Balance

Andrew G. Marshall

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Happy Marriage or Happy Children?

You don't have to choose. You *can* have both!

If your marriage is suffering because you're too busy with the kids, you're not alone. Many modern couples fall into the same trap. By sacrificing their relationships with their partners to focus on their children, they believe they're being perfect parents. But in fact, they're doing their children more harm than good and they're ruining their marriages in the process. The outcome is demanding, insecure children with unrealistic expectations of the world?and resentful, alienated spouses who feel taken for granted. The good news is that it doesn't need to be this way. You *can* have it all: a thriving marriage, an enriching family life, and independent, well-adjusted children.

Renowned marriage therapist and author Andrew G. Marshall shows you how to revive and nurture your marriage while raising an emotionally healthy family. For over 30 years, he has been helping couples save their relationships by refocusing their priorities and putting their partners first. You'll learn why putting your children second prepares them better for adulthood, and why being a 'good enough' parent is better than being perfect. Marshall's strategies may seem unconventional but they are rooted in decades of marriage counseling experience.

Packed with tips, advice, and compelling examples, this witty and insightful guide equips you with the tools you need to turn your marriage around. You'll learn how to:

- Ask for the support you need
- Overcome differences in parenting styles and find acceptable compromises
- Share household responsibilities effectively
- Define what your children truly need from you
- Work together as a team
- Rekindle your passion for each other and keep it alive
- Avoid the pitfalls of raising 'red carpet kids' and give your children a strong foundation for adulthood

If parenthood has taken center stage and pushed your marriage to the background, this book will help you restore the balance. Let Andrew G. Marshall show you how to reclaim your relationship while raising emotionally healthy children.

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