



CHES Exam Secrets Study Guide: CHES Test Review for the Certified Health Education Specialist Exam

CHES Exam Secrets Test Prep Team

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Includes Practice Test Questions

Get the test prep help you need to become a Certified Health Education Specialist (CHES).

The CHES exam is extremely challenging and thorough test preparation is essential for success. *CHES Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the CHES exam.

Not only does it provide a comprehensive guide to the CHES exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

CHES Exam Secrets Study Guide includes:

- A thorough review for the Certified Health Education Specialist Exam
- A breakdown for how to assess needs, assets, and capacity for health education
- An analysis of plan health education
- An examination of how to implement health education
- A guide to conducting evaluation and research related to health education
- An in-depth look at administering and managing health education
- A breakdown of how to serve as a health education resource person
- An analysis of communicating and advocating for health and health education
- Comprehensive practice questions with detailed answer explanations

It's filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and vocabulary that the National Commission for Health Education Credentialing, Inc. (NCHEC) expects you to have mastered before sitting for the exam.

The Assess Needs, Assets and Capacity for Health Education section includes:

- Needs assessments
- Databases of health-related data
- Improving community health status
- Social determinants of health
- Methods of assessment and analyzing assessment findings

The Plan Health Education section includes:

- Planning a health education program
- Objectives
- Support for planning a health education program
- Strong health education program plans
- Conducting health instruction

The Implement Health Education section includes:

- Health education programs
- Theories for planning programs
- Culture and demographic sensitivity
- Legal and Ethical issues
- Development of training objectives

The Conduct Evaluation and Research Related to Health Education section includes:

- Importance of evaluation and research
- Health literature
- Evaluating health education programs
- Ethical standards to apply in developing an evaluation or research plan
- Disseminating findings

The Administer and Manage Health Education section includes:

- Coordinating intervention
- Strategic planning
- Promoting cooperation among personnel
- Facilitation of change within organizational cultures
- Strategies to resolve conflict effectively

The Serve As a Health Education Resource Person section includes:

- Clearinghouse for health information
- Sources for obtaining information
- Serving as a consultant
- Training needs assessment

The Communicate and Advocate for Health and Health Education section includes:

- Communicating and advocating for health
- Influencing decision makers
- Health education literature
- Personal plan for professional growth

These sections are full of specific and detailed information that will be key to passing the CHES exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

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