



Dance Like There's No-one Watching: Attract Happiness the Natural Way

Susanne Spencer

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This book is about how by simply being your true natural Self you will attract all the happiness you desire. The subject of the book is Bijou, a treasured pet cat, who demonstrates without effort how we might do this. But it's not only for cat lovers as the book's message is relevant to everyone and, rather than a dry 'how to' book, this is a slow seduction in awareness. The concept of happiness is introduced as something we are more likely to experience if we aim to attract it rather than attempting to pursue it. The secret is to be who we are, in a very natural way, and the first step is learning how to be more self-aware. Bijou's charm and appeal will evoke your curiosity and make you eager to discover more. At the same time you will enjoy her story, smile with recognition at her charming idiosyncrasies and learn so much about your Self.

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