



Living Life with **PASSION** and Helping Others

Carey Smolensky

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This book is all about living life with passion through the lens of the author, Carey Smolensky. Too many people live their lives without a defining purpose or passion for their work, or life itself. This can be changed by shifting one's perspective and attitude and Carey shares the practices in which to do so. Passion combined with perseverance will give you the courage to follow your true calling in life. Carey calls attention to shifting perception and focusing your mindset on challenges (not problems) in order to find appropriate solutions. Living life with passion is the fuel that the author uses to achieve his own dreams and shows, by example, how you can achieve yours. This book takes you on an inspiring and enlightening journey through real personal experiences while offering tools that can be implemented immediately. Tools such as the 5-Minute rule, along with recalling "old school" rules and offering numerous techniques in order to identify your passions and how to pursue them in order to make them attainable and live a more fulfilling life. Finally, Carey focuses on giving back in order to help others. The impactful testimonials from people who have made a transformative change in their lives while impacting the lives of others will not only inspire, but motivate you to take action NOW. You can make an immediate change in your life, put the past behind you, and move forward into the amazing future that you truly deserve.

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