



Laughing Your Way To Happiness, Joy, & Health.

Joe Guse

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Laughing Your Way To Happiness, Joy, & Health. Joe Guse

This book explores the healing power of laughter, and considers existing research in the field as well as the author's personal experiences working with children, the elderly, and headache patients. The book explores the use of humor in psychology from the viewpoint of people as diverse as Sigmund Freud and Patch Adams, as well as from fields such as neuropsychology.

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