



# The View From Who I Was

*Heather Sappenfield*

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## **The View From Who I Was** Heather Sappenfield

On a cold Colorado night, Oona Antunes leaves Crystal High's Winter Formal, walks deep into the woods, and lies down in the snow to die.

She awakens in the hospital, suffering the effects of frostbite and hypothermia. But her physical injuries aren't nearly as painful as the wound she can't name, the one she feels cutting deep into the core of who she is.

While recovering from her suicide attempt, Oona discovers that the roots of her problems go beyond herself. To fully understand what happened that night in the woods, she must confront not only her own pain but the hidden past that's suffocating someone she loves.

*The View from Who I Was* is a story of the damage that can be passed down through the generations, and the healing that can arise from tragedy.

### **Praise:**

"Beautifully written." *KIRKUS REVIEWS*

"This debut novel packs a walloping punch...Raw but with insight and tenderness, this story deftly explores life's varied riches that come from the connections we build with others."

*BOOKLIST*

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